

WATER GAMES FOR YOUTH

WATER BALLOON VOLLEYBALL

AGE GROUP: Grades 3 - 12

ADAPTABLE: Yes

EQUIPMENT: Pillow case for every two participants or a sheet for each side and plenty of water balloons

FORMATION: Outside with volleyball/badminton net or fence

The game is played like volleyball except you cannot touch the balloon with your hands. The Balloon is caught and tossed with the pillow cases. Each person holds two corners of the case.

Third and fourth graders are much more successful playing this over a four foot fence rather than a tall net.

SPLISH, SPLISH, SPLASH

AGE GROUP: Grades 1-12

ADAPTABLE: Possibly

EQUIPMENT: Dixie Cups and water

FORMATION: Outside in the grass – seated in a circle

This game is a version of Duck, Duck, Goose. Played the same way except instead of patting the heads of players the It tips the cup just a tiny bit while saying splish. When It gets to the person they want to chase them the dump the whole cup on that person's head. This person jumps up and runs after it. Continue to play as you would Duck, Duck, Goose.